

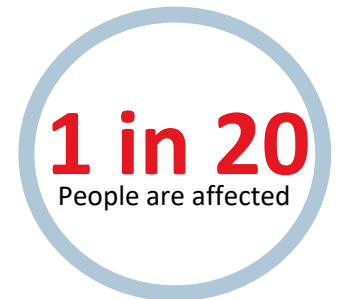
WHAT IS FASD

Fetal Alcohol Spectrum Disorder (FASD) is a diagnostic term used to describe impacts on the brain and body of individuals prenatally exposed to alcohol¹. FASD is a lifelong disability.

OVER 1.5 MILLION

Canadians are estimated to have FASD. FASD is the most prevalent neurodevelopmental disorder worldwide.

Strengths	Challenges
Creative, artistic, musical	Being impulsive
Friendly,, cheerful, and affectionate	not understanding consequences
Interested in some activities like gardening and painting	being easily distracted
Attentive towards animals	Difficulties keeping up with classroom learning
Enjoy trying new things	Challenges handling money and telling time
Helpful and affectionate	forgetting how to do something they've done before
And so much more	having trouble staying organized and planning ahead



Each individual with FASD is unique but may have some of these strengths and challenges.



People with FASD may not behave the way society expects, but with individualized supports suited to their needs can be successful.

¹ CanFASD. <https://canfasd.ca/wp-content/uploads/2019/08/Toward-a-Standard-Definition-of-FASD-Final.pdf>

² Rivera, H. https://unsplash.com/photos/OX_en7CXMj4