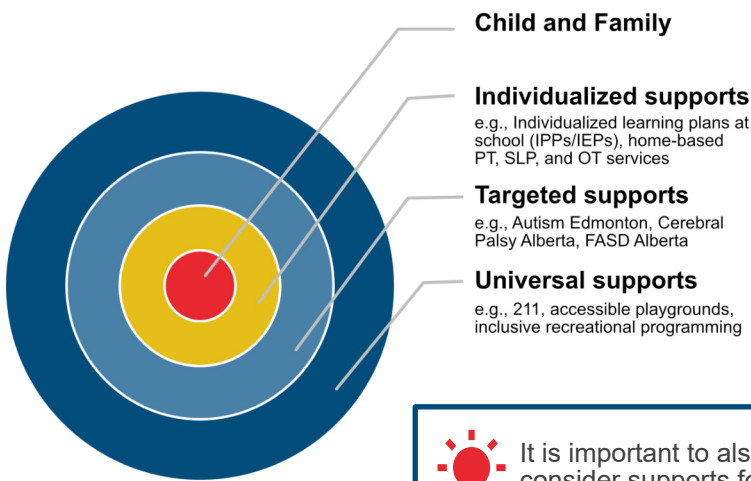



PATHWAYS OF SUPPORT

Pathways of support are the broad, flexible array of resources and services for people with NDD and their caregivers across their journey. Navigating supports can be exhausting, stressful and challenging for families.

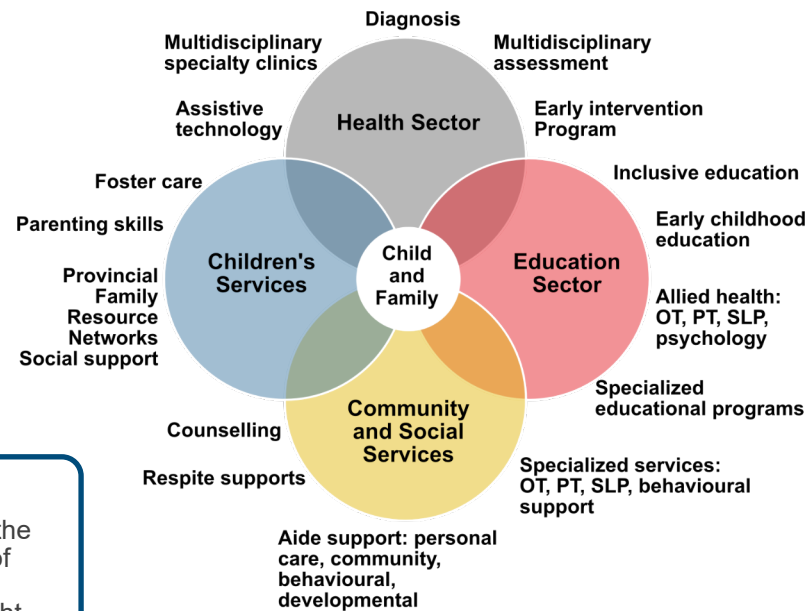
Different types of support are available

Support may be quite general or more individualized



 It is important to also consider supports for the health and wellbeing of parents and other caregivers. These might include counseling and parent-to-parent supports.

Support might be obtained from many places



Research has revealed what parents find challenging, and also helpful in navigating supports

